

# **“God Speaks Through Thoughts and Feelings”**

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## **1. THOUGHTS:**

*“Whenever you are arrested and brought to trial, do not worry beforehand about what to say. Just say whatever is given you at the time, for it is not you speaking but the Holy Spirit.”*

Mark 13:11

## **2. FEELINGS:**

*“It had been revealed to [Simeon] that he would not die before he had seen the Lord’s Messiah. **MOVED** by the Spirit, he went into the temple courts. When the parents brought in the child Jesus, Simeon took him in his arms and praised God.”*

Luke 2:26-28

When God speaks through feelings, we call it several things:

1. “prompted”
2. “moved”
3. “discerned”
4. “led”
5. “gut-feeling”

We always need to be cautious about trusting feelings in important matters. However, we are talking here about small matters that are safe – for example, You have a feeling you should bring a pie and card to an elderly neighbor who is all alone in the world. Even if you were not prompted at that time, the Bible prompts us to love our neighbor.

If a thought or feeling is from God, it often feels “foreign.” That is, it is obvious you would not have had that thought or feeling yourself.

God’s promptings can get us to the right place at the right time. It seems to me that God most often communicates through our feelings and thoughts in order to help other people.